

- 📍 **YMCA WELLNESS CENTERS**
- 📍 **COMMUNITY PARTNERSHIPS**
- 📍 **SPORTS & OUT OF SCHOOL PROGRAM OFFICES**
- 📍 **OUT OF SCHOOL & DAY CAMP PROGRAMS**
- 📍 **DIABETES PREVENTION & CHRONIC DISEASE MANAGEMENT**

ASSOCIATION SERVICES STAFF MEMBERS	Sue Glass President and CEO	Carole Brite Chief Administrative Officer	Kim Schulz Senior Vice President of Youth Development	Kimberly Armitage Vice President of Strategic Growth and Membership	Gloria Jara Price Vice President of Fund Development	Teresa Kutt Vice President of Marketing and Communications
2019 METRO BOARD OF TRUSTEES	Teri Eichman Dave Ferrill	Brendan Fisher Andrea Karp	Rich Karlis Bill Kirschner	Jarrold Lassen Chair	Meridith Marshall Greg Shields	Zach Yeoman Jack Morris



IMPACT. COMMUNITY. WELLBEING.

2019 Annual Report

YMCA OF METRO DENVER

ONE VISION. ONE MISSION.

At the YMCA of Metro Denver, our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all. We are committed to serving as a catalyst to transform lives and communities. This has been our commitment for 145 years, and remains our commitment as we look toward the future. With the future in mind and our values as our guide, the Denver Y approved and implemented a strategic plan in 2019, that will lead our work through 2022. Over the next three years, the Denver Y is committed to:



DEVELOPING A NEW GENERATION OF CHANGEMAKERS: Healthy, confident and resilient youth who will contribute to the social and economic viability of our communities



DELIVERING LIFESTYLE MEDICINE TO BUILD HEALTHY SPIRIT, MIND AND BODY FOR ALL: Community integrated health will reduce disease burden and improve the health of individuals and families



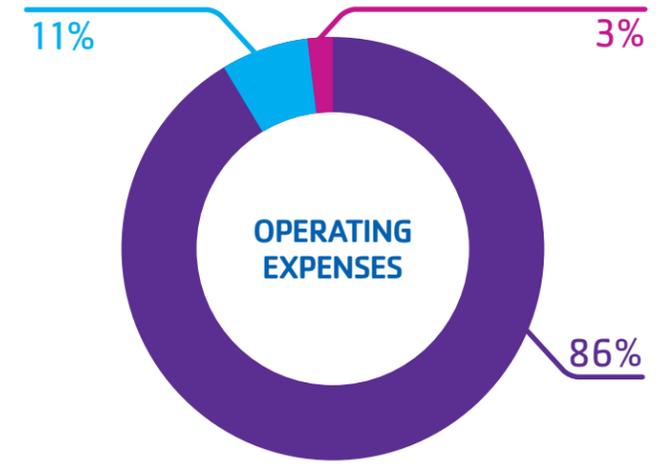
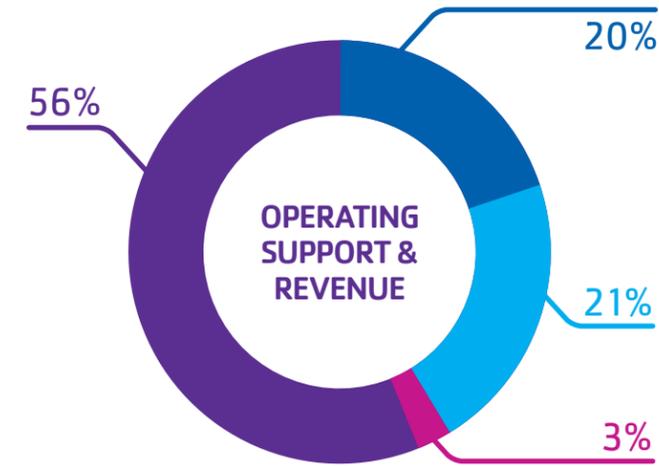
UPLIFTING COMMUNITIES: Be the catalyst to create connected and cohesive communities



HARNESSING OUR COLLECTIVE IMPACT AS ONE Y: The Y serves as a premier health and well-being nonprofit transforming lives and communities

Concentration on these strategic priorities will enable the Y to further meet our vision and mission, focus our impacts in the short and long term and build organizational sustainability.

AUDITED 2019 FINANCIALS



Program Revenue	\$16,696,713
Membership	\$5,867,480
Contributions & Other Support	\$6,361,700
Other	\$772,725

TOTAL \$29,698,618

NET ASSETS \$26,388,000

Program & Membership	\$23,195,076
Management & Administration	\$2,863,203
Fundraising Expenses	\$768,593

TOTAL \$26,826,872

MEASURABLE, POSITIVE IMPACT: In 2019, lives and communities were transformed through the YMCA.

\$1,065,000 in direct financial assistance was distributed to ensure all children in our communities had a safe space to grow and play.

2,569 people in our communities received the support and resources needed to achieve greater health in the Y's Diabetes Prevention Program and LiveSTRONG.

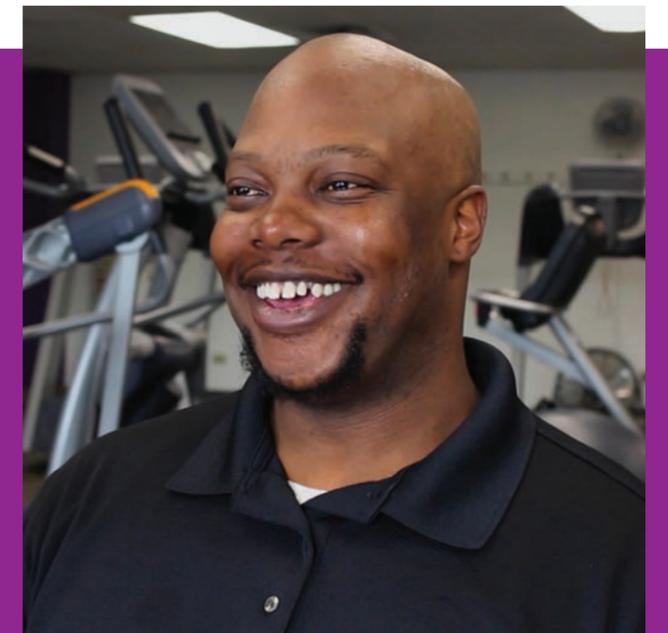
72,280 members, participants and volunteers engaged in activities that strengthen our communities and pave the way for future generations to thrive.



IMPACT. Eight young YMCA changemakers joined hundreds of movement leaders in London for Y175, a celebration of 175 years of positively impacting youth at the birthplace of the Y.



COMMUNITY. Rose finds friends and fitness at her Y, where she attends 5-8 classes per week, and sometimes 3 in one day. She says her favorite part of the YMCA is the community atmosphere.



WELLBEING. Adrne made sustainable lifestyle changes through the Y's Diabetes Prevention Program that helped him lose weight, feel better and reverse prediabetes.